# What Neuroimaging tells us about Brain Plasticity

Will Penny

Wellcome Trust Cente for Neuroimaging,

University College London.

w.penny@ucl.ac.uk

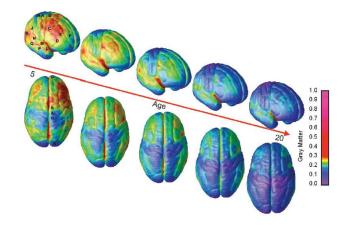
http://www.fil.ion.ucl.ac.uk/~wpenny/

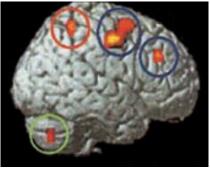
### Overview

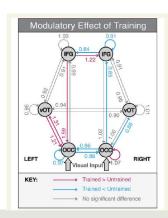
• Structural MRI can track changes in grey and white matter as we develop and learn new skills

• Functional MRI can track brain activity as we learn new tasks and perform practiced tasks

• Use MEG (and fMRI) combined with connectivity models for studying signalling among brain regions







# MRI Scanner



# Grey and white matter

#### White matter:

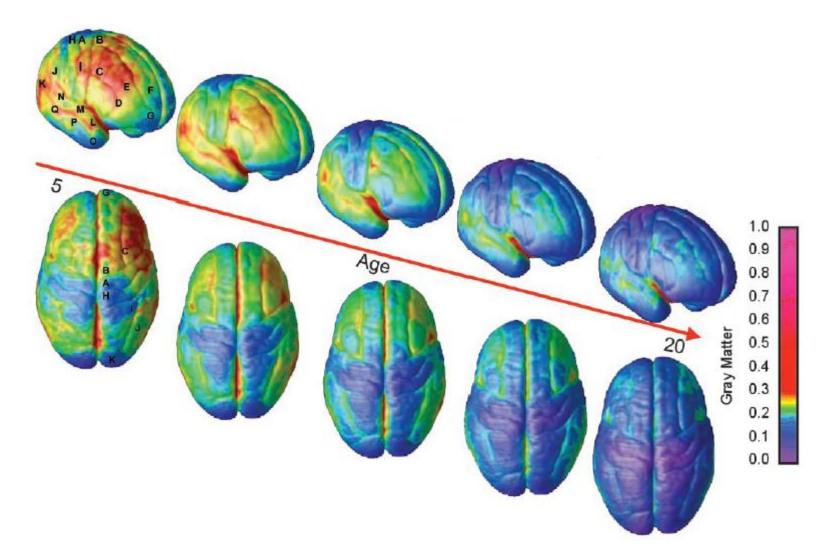
Glial cells and myelinated axons



#### Grey matter:

glia, vasculature, and neurons with dendritic and synaptic processes

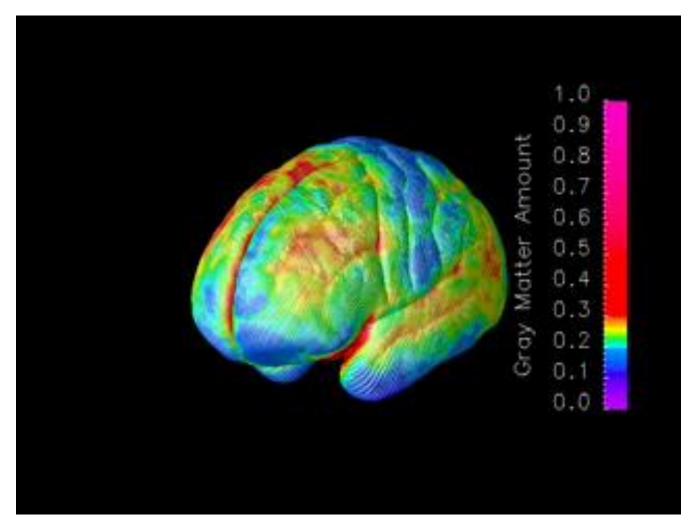
# Development



13 children scanned every 2 years

Gogtay et al. PNAS, 2004

### Development

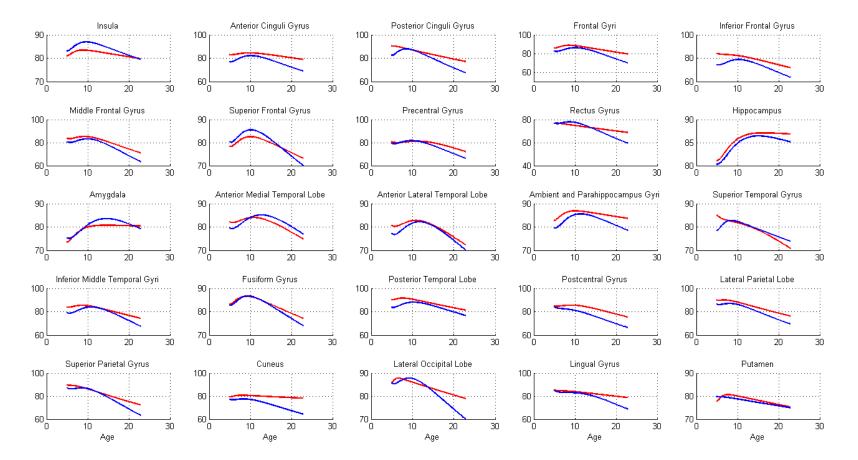


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Gogtay et al. PNAS, 2004

### <u>Development</u>

#### 289 children, each scanned twice. Ziegler et al. in prep, 2015



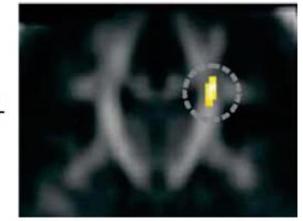
Gray Matter Density for Boys (blue) and Girls (red). Most areas "inverted –U" except e.g. hippocampus.

# <u>Learning – Anatomical Changes</u>

"Fractional Anisotropy (FA)" from MRI measures how directed are white matter tracts.



#### Pianists versus controls



y = -19

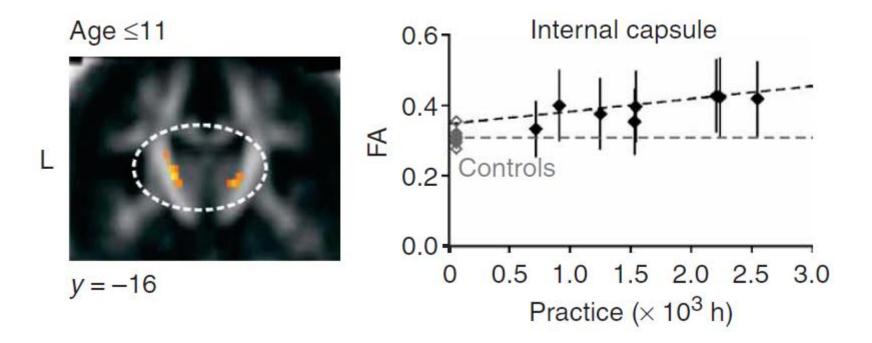
White Matter tracts in Internal capsule

Eight concert pianists versus age-matched non-musicians (controls)

Bengtsson et al., Nature Neuroscience, 2005

### <u>Learning – Anatomical Changes</u>

Pianists who practiced for longer during childhood have more directed white matter tracts

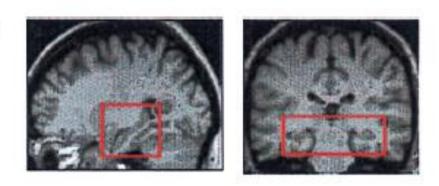


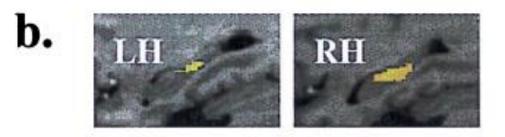
Bengtsson et al., Nature Neuroscience, 2005

# Navigation

The posterior hippocampus is larger in taxi drivers than control subjects (matched for age, IQ)

a.

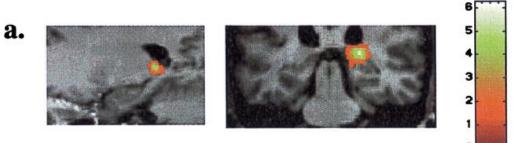


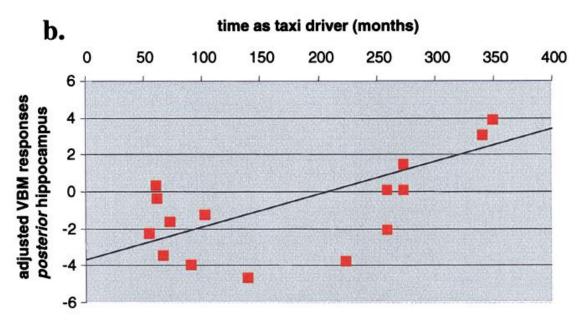


Maguire et al. PNAS, 2000

# Navigation

The longer they've been driving taxis the bigger this increase





Maguire et al. PNAS, 2000

# Cognitive neuroscience

#### **Behavioural experiments**



#### Neuroscience

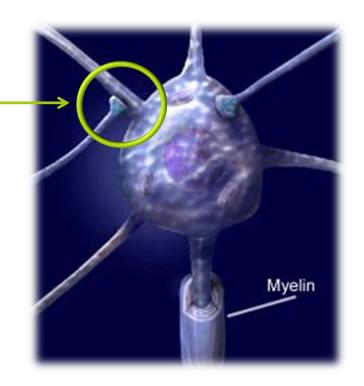




# fMRI-signal

BOLD

Blood Oxygen Level Dependent signal



Logothetis, 1993

# Learning – Redistributed Activity

#### Motor Sequence Activity: A: 13224134 versus B: 12121212

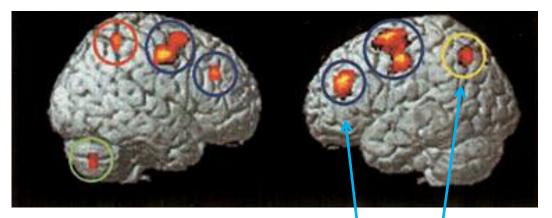


# Learning – Redistributed Activity

### Motor Sequence Activity: A: 13224134 versus B: 12121212



#### After a Little Practice



#### Ramnani et al., 2002

"Fronto-Parietal Attention Network"

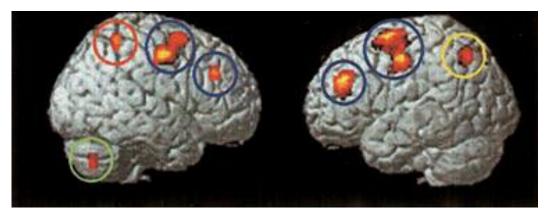
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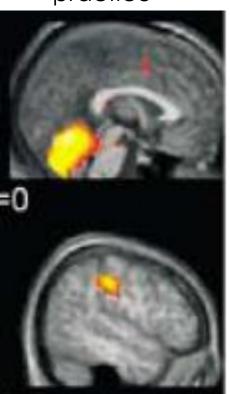


# After a lot of practice

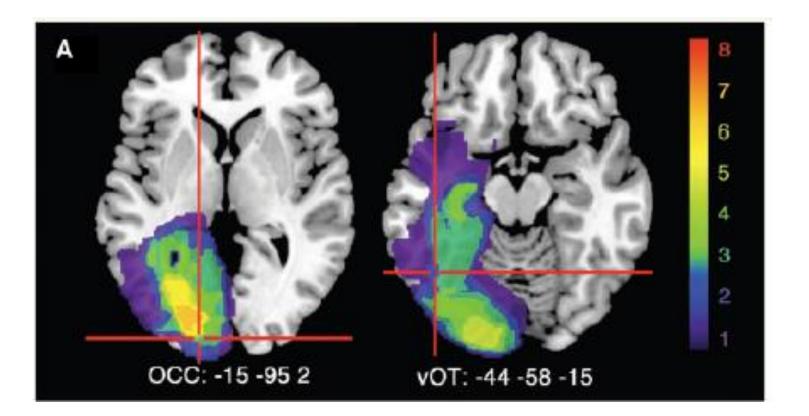
After a Little Practice



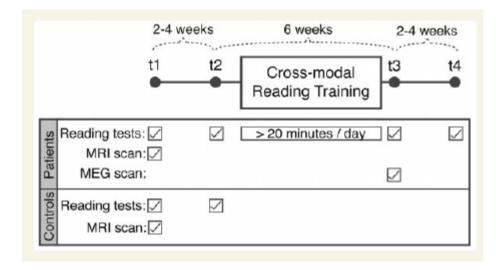
Ramnani et al., 2002



Bengtsson et al., (2004)



Woodhead et al. Brain, 2013 studied 8 people with a focal brain Injury in left occipito-temporal cortex. They have problems reading, especially longer words.



Present both text and speech.

(i) Listening component: Press button.

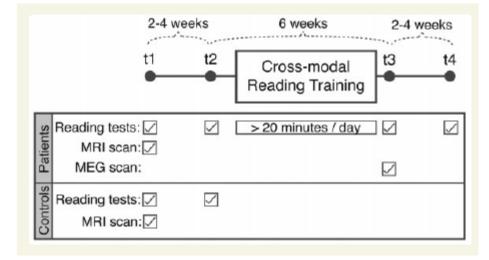
(ii) TestingComponent:Do text andspeech match ?

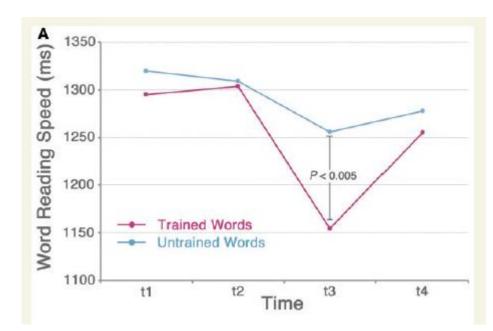
	2-4 \	veeks	6 weeks	2-4 weeks	
	t1 •	t2	Cross-modal Reading Training	t3	t4
Patients	Reading tests: 🗸 MRI scan: 🗸		> 20 minutes / day		
	MEG scan:			$\square$	
Controls	Reading tests:☑ MRI scan:☑	Z			

Present both text and speech.

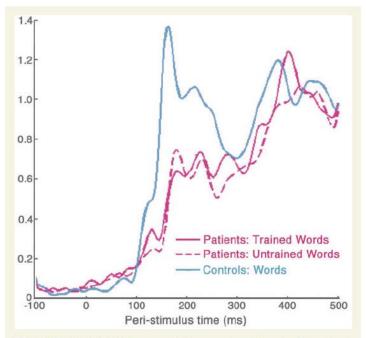
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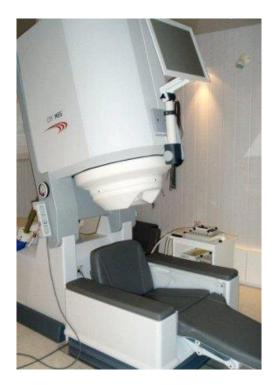


Measure electrical activity of the brain as they read words after cross-modal training

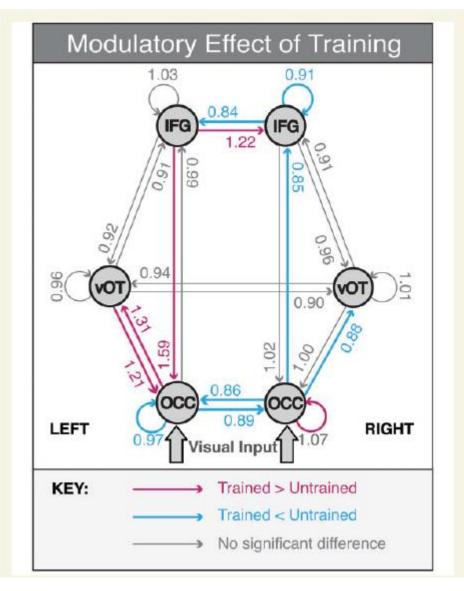


**Figure 6** Global field power during word reading in the patient group (trained words, pink solid line; untrained words, pink dotted line) and a group of age-matched healthy controls (blue) using data from Woodhead *et al.* (2012).

#### **MEG Scanner**



Estimate Signalling between Brain regions Using a Brain Connectivity Model.



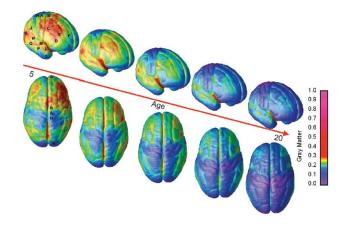
Stronger Effective Connections On the left side Of the brain For trained words

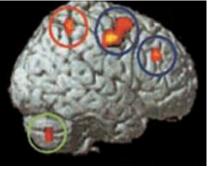
### Summary

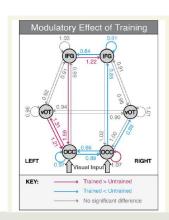
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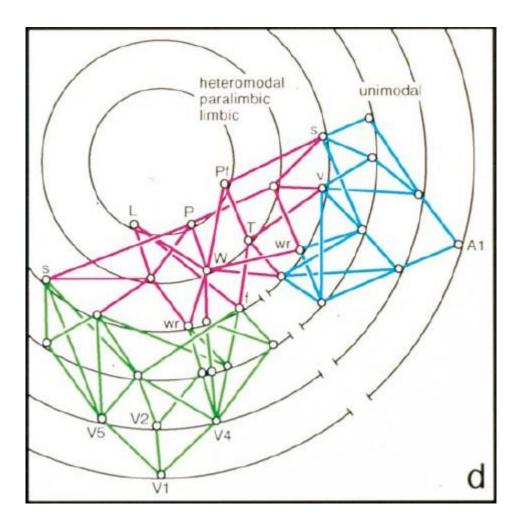
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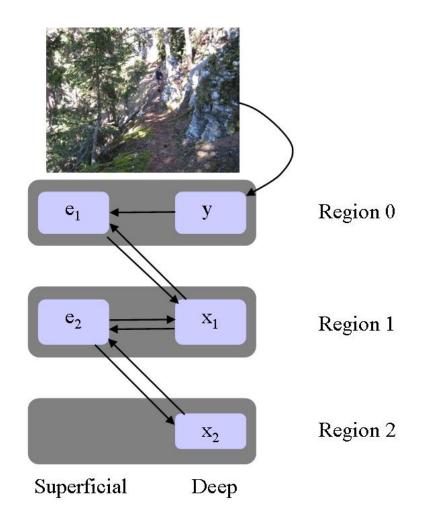


# The Hierarchical Brain



M. M. Mesulam, "From sensation to cognition," Brain,121, no. 6, pp. 1013–1052, 1998

# The Hierarchical Brain



W. Penny (2012). **Bayesian models of Brain and Behaviour.** ISRN Biomathematics Volume 2012, Article ID 785791, doi:10.5402/2012/785791